

The DiscoverEU

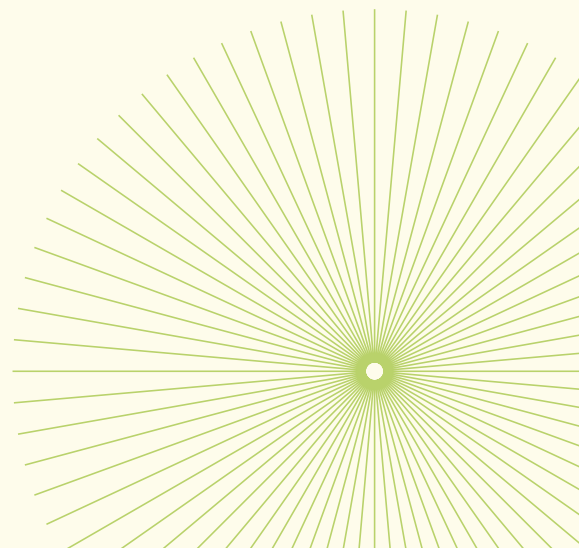
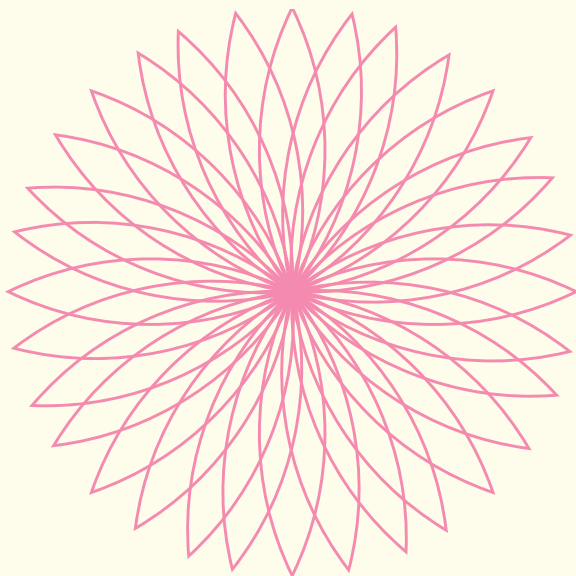
TRAVELLER

CHALLENGES

DiscoverEU is all about embracing new countries and cultures, stepping out of your comfort zone and trying new things.

So why not put yourself to the test with this series of DiscoverEU Traveller Challenges?

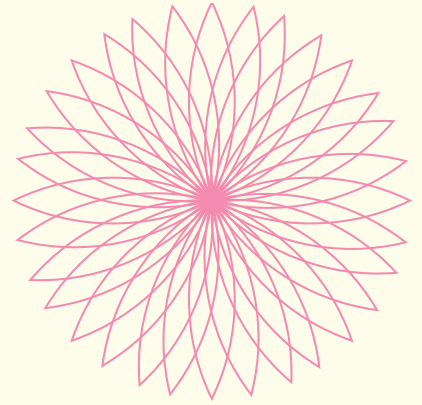
Here are 10 tasks to help you immerse yourself in the experience.



**EXPAND
YOUR
COMFORT
ZONE**

#DiscoverEU

TRAVELLER CHALLENGE 1

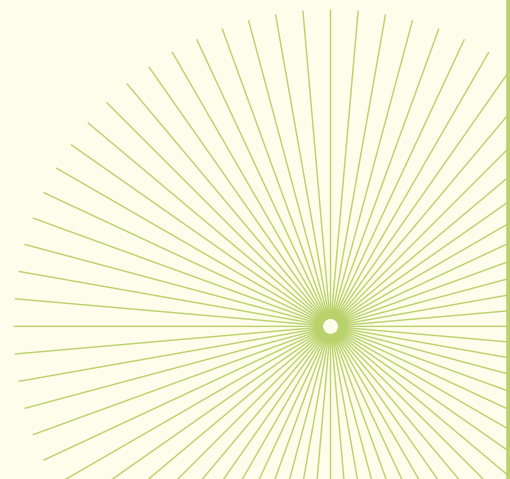
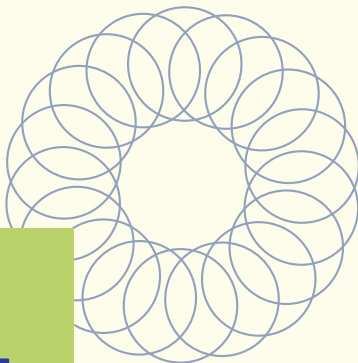


Challenge of the day!

Can you remember 5 words from
the local language?

Word

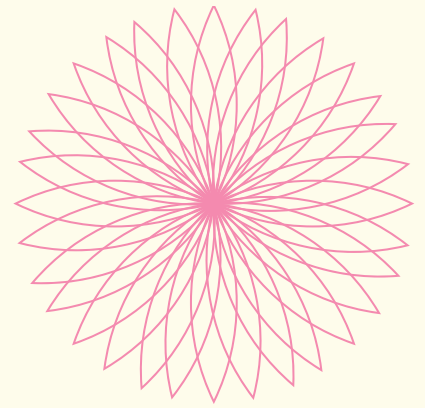
Translation



**EXPAND
YOUR
COMFORT
ZONE**

#DiscoverEU

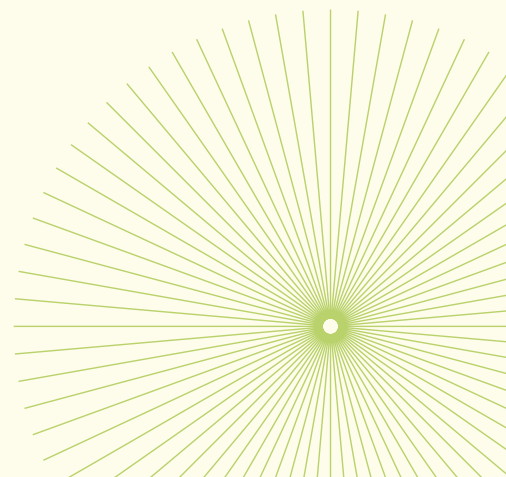
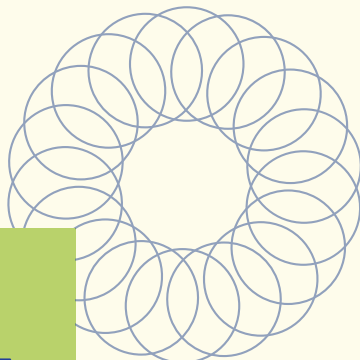
TRAVELLER CHALLENGE 2



Challenge of the day!

**Time to help the environment!
Pick up 5 pieces of litter around
the city today.**

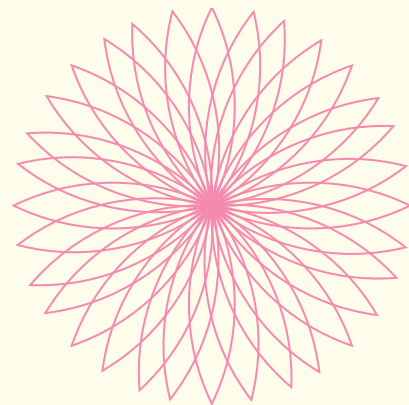
**How green is the city you're in?
Do they have bicycles to rent?
What could they do better?**



**EXPAND
YOUR
COMFORT
ZONE**

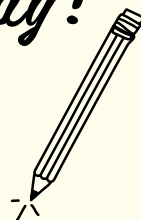
#DiscoverEU

TRAVELLER CHALLENGE 3

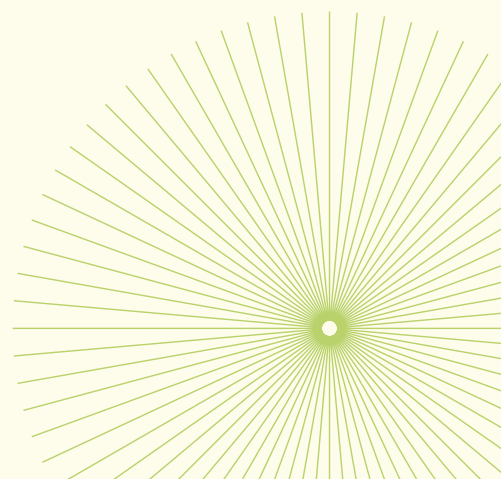
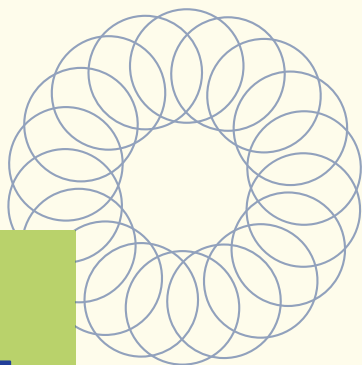


Challenge of the day!

GRAB YOUR PENCILS!



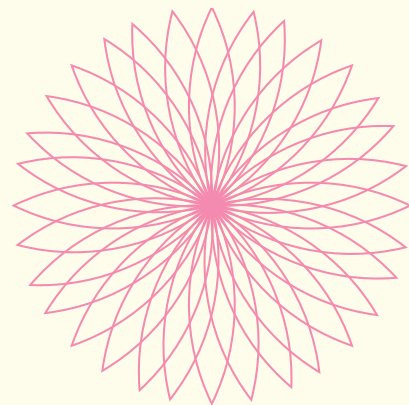
Think of your favourite piece of art from the trip so far (painting, sculpture, architecture... the choice is yours!) and sketch it on the next page.



**EXPAND
YOUR
COMFORT
ZONE**

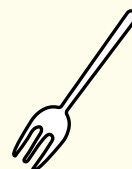
#DiscoverEU

TRAVELLER CHALLENGE 4

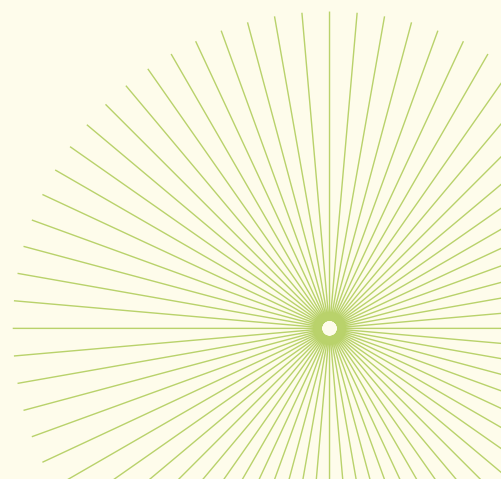
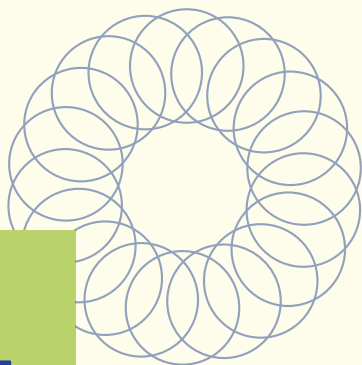


Challenge of the day!

Travelling is all about
discovering the unknown.



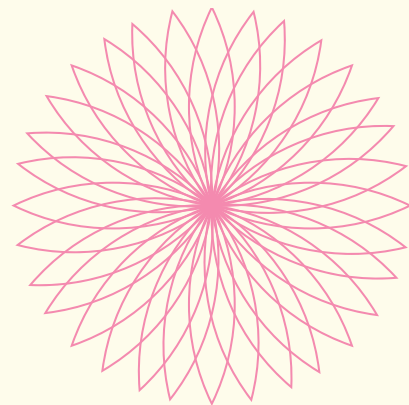
Try one food specialty from the country
you are in and describe the taste:



**EXPAND
YOUR
COMFORT
ZONE**

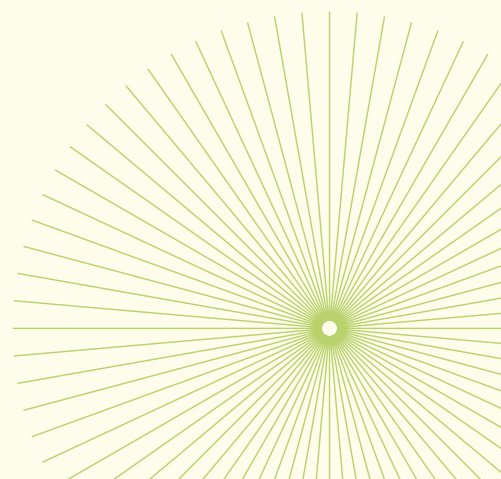
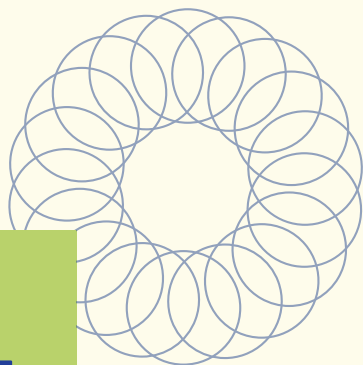
#DiscoverEU

TRAVELLER CHALLENGE 5



Challenge of the day!

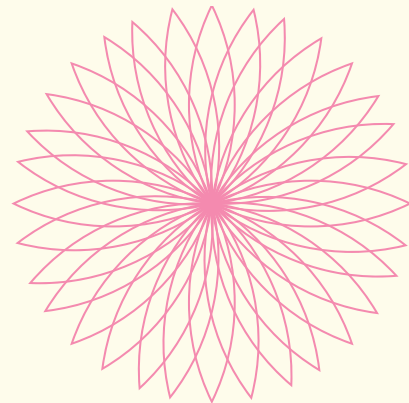
DiscoverEU is all about meeting –
and helping – other people, so why not
post on the #DiscoverEU
Official Facebook group?
You could post tips to other travellers or
offer to meet them in the city you're in.
The choice is yours!
Describe the responses you got
on the next page.



**EXPAND
YOUR
COMFORT
ZONE**

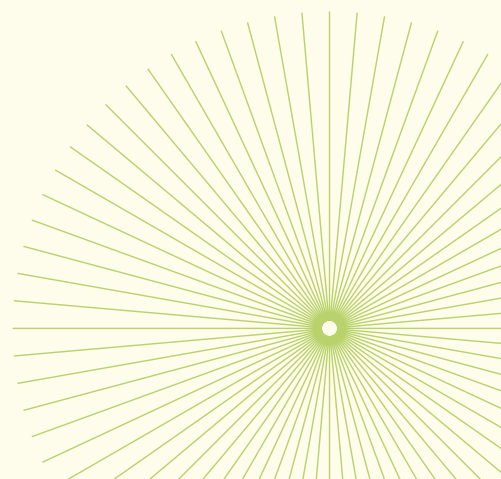
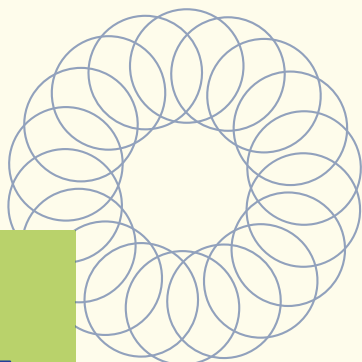
#DiscoverEU

TRAVELLER CHALLENGE 6



Challenge of the day!

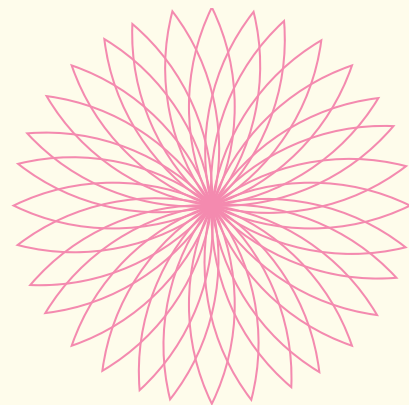
Travelling to a country involves more than just walking its streets. It requires you to taste, smell and listen to the culture of the region. Which song is currently #1 in the music charts of the country you're in? Write the title and artist below and give it a listen!



**EXPAND
YOUR
COMFORT
ZONE**

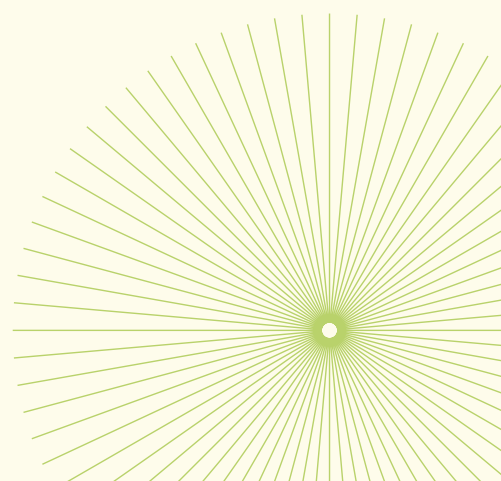
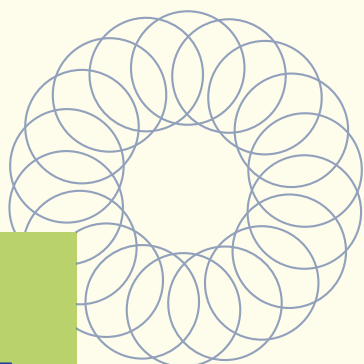
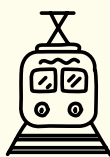
#DiscoverEU

TRAVELLER CHALLENGE 7



Challenge of the day!

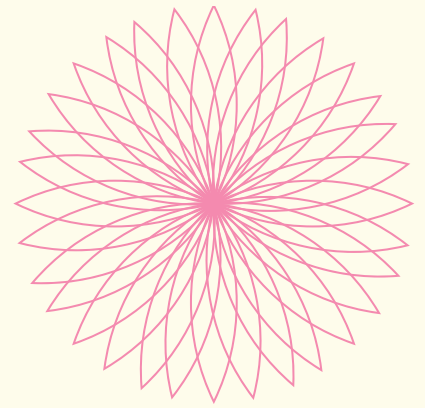
Let's get green! There are many ways to travel sustainably such as using public transport, preserving water and eating seasonal vegetables. Describe 3 things that you've been doing to make your journey sustainable:



**EXPAND
YOUR
COMFORT
ZONE**

#DiscoverEU

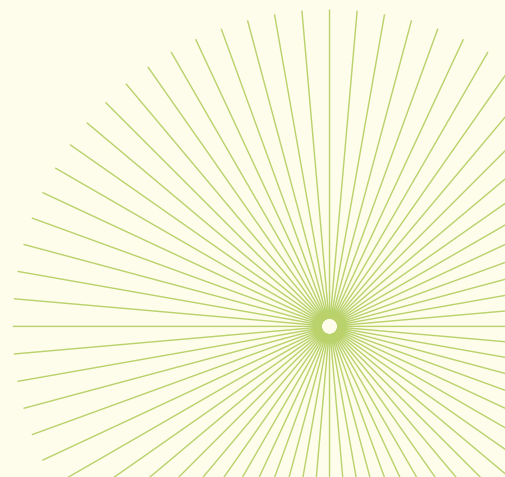
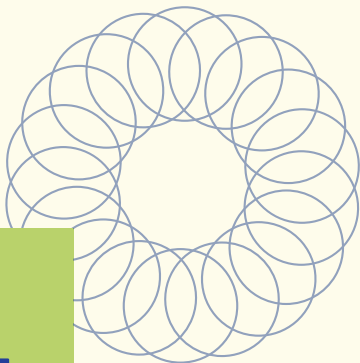
TRAVELLER CHALLENGE 8



Challenge of the day!

As DiscoverEU travellers, we're all here
to learn from each other.

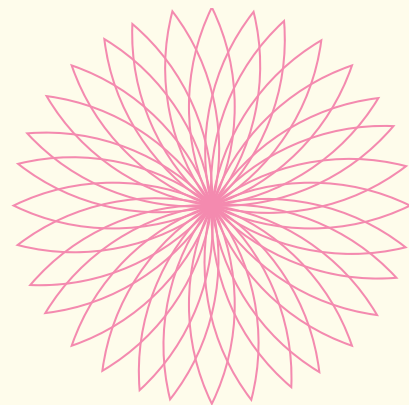
Think about one DiscoverEU traveller
you've met on the journey so far and
write down 3 things they told you about
their family, culture or country:



**EXPAND
YOUR
COMFORT
ZONE**

#DiscoverEU

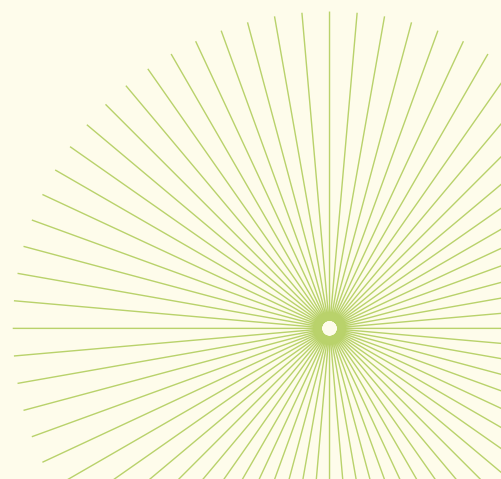
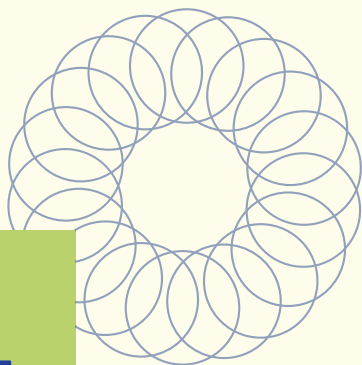
TRAVELLER CHALLENGE 9



Challenge of the day!



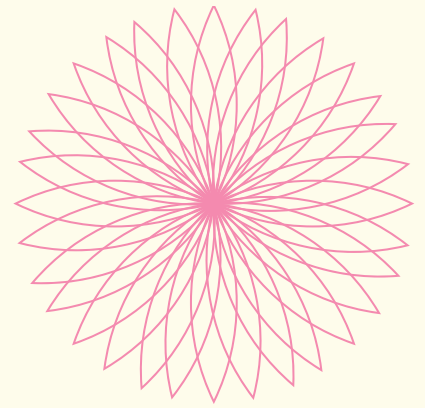
Say cheese! Take a selfie with your favourite building or landscape in the area you're currently in and tweet it to us with the hashtag #DiscoverEU and #Companion.



**EXPAND
YOUR
COMFORT
ZONE**

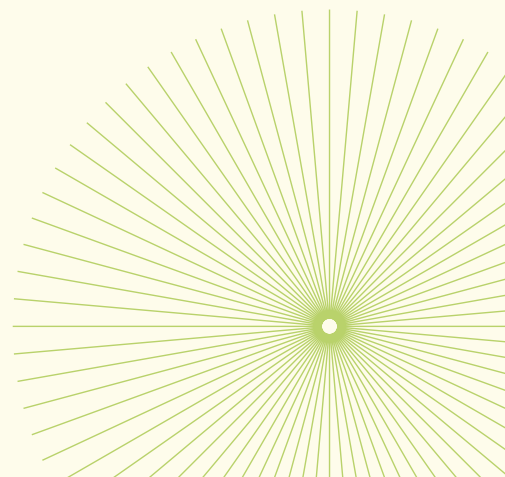
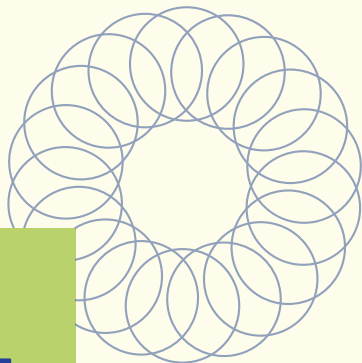
#DiscoverEU

TRAVELLER CHALLENGE 10



Challenge of the day!

Our environment faces a huge challenge – more than 150 million tonnes of plastic lie in the oceans today. Can you go for a whole day without using any single-use plastic items?



**EXPAND
YOUR
COMFORT
ZONE**

#DiscoverEU